

ABOUT SPEAKER

Kunchok (dharma name) was raised in a traditional Buddhist family, and started her spiritual journey from a very early age under the guidance of her devout mother.

Upon completing secondary school, she took an opportunity to study Buddhist philosophy for seven years at Central University of Tibetan Studies (CIHTS) in Varanasi, India. She also studied English and Tibetan literature, poetry, Tibetan history, Political science, and the Sanskrit language at that University. After obtaining a bachelor's degree from CIHTS, she went on to pursue her master's degree in Buddhist studies from Delhi University.

Apart from Buddhist studies, Kunchok also completed a bachelor's degree in English and French literature. She subsequently became an interpreter-translator for an independent association. Since 2017, Kunchok has volunteered to become a personal secretary to Ven. Dupseng Rinpoche and started supporting his dharma activities.

Few words on “The Jewel Ornament of Liberation” from Kunchok:

I am fortunate to get an opportunity to study this sacred text at Central Tibetan University at Varanasi. It took us four semesters to complete the whole book.

Honestly during those days as a student, we generally learn something rigorously to get good marks in exam. But when I listened to this teaching from our lecturer (a wise Khyenpo of Karma Kagyu lineage), I found it (still relevant) thought - provoking and truly motivating. Moreover, from various philosophical books I have studied in the university, “The Jewel Ornament of Liberation” is the only book that I kept and whenever time permits, I go through some pages to recall the teaching.

THE JEWEL ORNAMENT OF LIBERATION: The Wish-Fulfilling Gem of the Noble Teachings

ABOUT BOOK

"The Jewel Ornament of Liberation" is known as the most significant work of Lord Gampopa (1074-1153 C.E.)

It is stated that one will find a complete method of Buddhism in this book. This magnificent labor of Gampopa provides the complete basis for study and practice from the starting point of dharma path to the final stage of Buddhahood. It includes teachings on Buddha-nature, finding the spiritual master, impermanence, karma, cultivation of bodhicitta, development of the six perfections, the ten-bodhisattva stages, Buddhahood, and the activities of the Buddha.

Furthermore Gampopa said:

"For anyone who wishes to see me, studying The Jewel Ornament of Liberation and the Precious Garland of the Excellent Path is the same as meeting me."

As I have obviously suggested during last program, that we will discuss this wonderful work of Je Gampopa, so now I have to keep my words. Hopefully I could do justice to this illustrious text and fulfill your expectations. Like I have mentioned, it took us four semesters to complete the whole book, hence it is understandable that it won't be possible to finish in few days. Thus we will be covering some parts of text this time.

Thank You!

Kunchok